

Homeopathy

Barbara Beechey



Homeopathy is a gentle yet highly effective form of complementary medicine that can offer support on many levels – physical, emotional and mental.

Preconception to post-natal; the process of bringing new life into the world is a time when extra help is essential.

Homeopathy works by stimulating the body's own healing power so it can clear itself of many symptoms and reach a balance.

The remedies cannot cause side effects because of the minute amounts of active ingredients used in their preparation, so its an ideal treatment at a time when most conventional drugs are prohibited and it has the benefit of boosting the vitality and health of you and your baby.

About Barbara:

I have been in practice since 1988 and also have degrees in Psychology and Chemistry, plus certificates in nutrition and life coaching.

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